

Course Information

Semester & Year: Spring 2023

Course ID & Section #: Psych 1-E4849

Instructor's name: Michelle Haggerty

Day/Time of required meetings: MW 1:15-2:40

Location: SC 206

Course units: 3 units

Instructor Contact Information

Office location or Online: CA 120 or zoom room:

Michelle Haggerty's Personal Meeting Room

Join Zoom Meeting

<https://redwoods-edu.zoom.us/j/8491353095>

Meeting ID: 849 135 3095

Office hours: Wednesdays 3-4 pm or by appointment

Phone number: 707-476-4319

Email address: michelle-haggerty@redwoods.edu

Catalog Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

Course Student Learning Outcomes (*from course outline of record*)

1. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology.
2. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.
3. Demonstrate critical thinking skills and information competence as applied to psychological topics.
4. Analyze how experience, culture, learning and biology affect behavior and cognitive processes.

Prerequisites/co-requisites/ recommended preparation

No prerequisites. There is an advisory that students be proficient in college level reading and writing.

Textbook:

Grison, S. (2022). Psychology in your life, 4th edition. Norton Publishing. ISBN-13: 978-0-393-87753-3.

Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

Student Support

Good information and clear communication about your needs will help you be successful. Please let your instructor know about any specific challenges or technology limitations that might affect your participation in class. College of the Redwoods wants every student to be successful.

The following online resources are available to support your success as a student:

- [CR-Online](#) (Comprehensive information for online students)
- [Library Articles & Databases](#)
- [Canvas help and tutorials](#)
- [Online Student Handbook](#)

[Counseling and Advising](#) offers academic support including academic advising and educational planning.

Learning Resource Center includes the following resources for students

- [Academic Support Center](#) for instructional support, tutoring, learning resources, and proctored exams.
- [Library Services](#) to promote information literacy and provide organized information resources.
- Multicultural & Diversity Center
- Math Lab & Drop-in Writing Center

Special programs are also available for eligible students include

- [Extended Opportunity Programs & Services \(EOPS\)](#) provides financial assistance, support and encouragement for eligible income disadvantaged students at all CR locations.
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or in [Del Norte](#)
- The [Veteran's Resource Center](#) supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821
- The [Honors Program](#) helps students succeed in transferring to a competitive four-year school.

Community College Student Health and Wellness

- Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges [Health & Wellness website](#).
- [Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.
- Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

Canvas Information

The learning management system, Canvas, will be utilized with this course. I will be posting power points that will be used for lecture on our Canvas site. The syllabus, grade book, modules and quizzes will be available on Canvas. This is also a good method for us to communicate and for me to provide you with optional supplemental materials. **You also have the option of turning assignments in on canvas.** If you turn assignments in electronically, I will grade them there and you will not need to bring a paper copy to me.

- Log into Canvas at [My CR Portal](#)
- For help logging in to Canvas, visit [My CR Portal](#).
- For help with Canvas once you're logged in, click on the Help icon on the left menu.
- For tech help, email its@redwoods.edu or call 707-476-4160
- Canvas online orientation workshop: [Canvas Student Orientation Course \(instructure.com\)](#)
- **Setting Your Preferred Name in Canvas**
- Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. This does not change your legal name in our records. See the [Student Information Update form](#)

Evaluation & Grading Policy

Points will be divided up accordingly:

- Quizzes: 240 points (60 points each)
- Exams: 300 points (multiple choice and essay)
- Research article questions: 30 points
- Paper outline: 30 points
- Research Paper: 150 points
- Participation: 150 points

The CR grade scale is used to determine letter grades as follows:

90 – 92%	A-
87 – 89%	B+
83 – 86%	B
80 – 82%	B-
77 – 79%	C+
70 – 76 -%	C

60 – 69%	D
59% - 0	F

*All written work needs to be turned in on the due date. 5 points will be deducted for everyday that an assignment is late. No late assignments will be accepted after 5/7/2023

Admissions deadlines & enrollment policies

Spring 2023 Dates

- *Classes begin: 01/14/23*
- *Martin Luther King’s Birthday (all campuses closed): 01/16/23*
- *Last day to add a class: 01/20/23*
- *Last day to drop without a W and receive a refund: 01/27/23*
- *Census date: 01/30/23 or 20% into class duration*
- *Last day to petition to file P/NP option: 02/10/23*
- *Lincoln’s Birthday (all campuses closed): 02/17/23*
- *President’s Day (all campuses closed): 02/20/23*
- *Last day to petition to graduate or apply for certificate: 03/02/23*
- *Spring Break (no classes): 03/13/23 – 03/18/23*
- *Last day for student-initiated W (no refund): 03/31/23*
- *Last day for faculty-initiated W (no refund): 03/31/23*
- *Final examinations: 05/06/23 – 05/12/23*
- *Commencement: 05/15/23*
- *Semester ends: 05/12/23*
- *Grades available for transcript release: approximately 05/26/23*

Course Schedule:

Dates	Topic:	Reading:	Due:
Week 1: 1/18/23	Class introduction	Syllabus- Explore Canvas site.	
Week 2: 1/23/23 & 1/25/23	History of Psychology & Theoretical Orientations; Psychological Research	Chapter 1- Text Supplemental research article provided by professor.	
Week 3: 1/30/23	Discussion of research article Multiple choice quiz open on Canvas from 1/30/23-2/6/23		Quiz #1 on chapter 1 due 2/6/23
Week 3 and 4: 2/1/23 & 2/6/23	Biological Bases of Behavior	Chapter 2	

2/6/23			Research Article Questions Due
Week 4 & 5: 2/8/23 & 2/13/23	Consciousness	Chapter 3	
2/15/23	Multiple choice quiz open on Canvas from 2/15/23-2/22/23		Quiz #2 on chapters 2 and 3 due 2/22/23.
Week 5, 6 & 7: 2/15/23, 2/22/23 and 3/1/23	Development across the lifespan	Chapter 4	
2/20/23	No Class- Holiday		
2/27/23	No Class		
Week 8: 3/6/23 & 3/8/23	Sensation and Perception	Chapter 5	
3/8/23-3/20/23	Multiple choice quiz open on Canvas from 3/8/23-3/20/23		Quiz #3 on chapters 4 and 5 due 3/20/23.
3/13/23 & 3/15/23	Spring Break- No classes		
3/20/23	No Class- faculty conference		
Week 9: 3/22/23	Memory	Chapter 7	
Week 10: 3/27/23	Midterm available on Canvas for 1 week.		Midterm multiple choice and essay questions due by 4/3/23
Week 11: 4/3/23 & 4/10/23	Learning	Chapter 6	
4/5/23	Discussion of research papers.		Research paper outline due.
Week 12: 4/12/23 & 4/17/23	Self and Personality	Chapter 13	
4/12/23-4/19/23	Multiple choice quiz open on Canvas from 4/12/23-4/19/23		Quiz #4 on chapters 6 and 13 due 4/19/23.
Week 13: 4/19/23 & 4/24/23	Psychological Disorders	Chapter 14	
Week 14:	Psychological	Chapter 15	

4/26/23	Treatments		
4/26/23			Research paper due
4/26/23-5/3/23	Multiple choice quiz open on Canvas from 4/26/23-5/3/23		Quiz #5 on chapters 14 and 15 due 5/3/23.
Week 15: 5/1/22 - 5/3/23	Sex, Gender and Sexuality	Chapter 10	
Week 16: 5/6/23- 5/12/23	Finals Week- Exam on Canvas		Multiple choice and essay portions of the exam need to be completed by Friday 5/12/23

Quizzes (240 points):

We will have 5 quizzes throughout the semester on the material from the text. The quizzes will be on Canvas, you will have 1 week and two chances to complete the quiz. The highest score will be counted. I will provide you with a review for the quiz prior to the test. The day the quiz is due you have the option of turning in the review along with answering the following questions: **1. What have you learned from this unit? 2. Why is this material important? 3. How is the material related to my life? 4. What questions do you now have about the material?** This review will count for up to 15 extra credit points. **The lowest quiz grade will be dropped** at the end of the semester; therefore only 4 quizzes will go into your final grade determination. No make-up quizzes will be given due to your ability to drop one.

Pop Quizzes and Classroom Activities (approximately 30 points):

Throughout the semester we will be doing group exercises, or I may ask a pop quiz question. Periodically I will collect these questions or activities and provide points for completion. These points cannot be made up as you need to be present in class to answer the question or participate in the activity.

Exams (300 points):

Two exams will be given during the semester. They will consist of multiple choice and essay questions. The exams will be open in the Canvas testing program for one week. You will have two chances to take the multiple choice portion, the highest score will be recorded. The exams will be cumulative, covering all material until the point of the exam. I will provide you with a review that will be worth extra credit points prior to the exam.

Research Article Questions (30 points):

This assignment is to provide you with exposure to primary research in the field of psychology. **Your instructor will provide the article for you, electronically and/or hard copy.** You need to read the article and be able to answer the questions provided here prior to the day designated in our schedule as the date for discussion of the article. You will then need to type up your answers in a paper approximately 2 pages long, double-spaced. This paper should demonstrate your knowledge of the research process. It is worth 30 points and 5 points will be taken off for every class period it is late. **Due date is 2/6/23.**

1. What Journal is the article in? Year and volume? Page numbers?
2. Is this experimental, descriptive, correlational or quasi experimental research? Explain why.
3. What is the author's hypothesis?
4. If this is experimental research, identify the independent and dependent variables.
5. Identify the population of individuals that are being researched. Is this a representative sample?
6. Identify some extraneous variables that could be affecting the outcome of the research.
7. Explain how the research was conducted. What was the method?
8. Explain the results of the study.
9. Do you feel that this research should be replicated? How would you change the design?
10. How do you think the results of this research can be utilized by our community/society?
11. Why did you pick this article? Does the content of this article have any connection to your life?

Research Paper- Literature Review (30 points for outline; 150 points for paper):

Research papers are due **4/26/23**. A typed outline of the paper including the topic, at least one research article on the chosen topic and a citation for another source is due on **4/5/23**. The outline is worth 30 points and the paper is worth 150 points. 10 points will be deducted for every day that a paper is turned in late. No papers will be accepted after **May 5, 2023**.

You should choose a topic for the paper from the following list: (Topics that are not included on this list must be approved)

1. Research different specialty fields in psychology, pick one to discuss in your paper explaining the specialty area, history of the area and important research. If you are considering Psychology as a major this assignment may help you to explore the different career options in this discipline.
2. Research a major theorist that has contributed to the field of psychology. Give his/her history and describe their theory of counseling along with how individuals change.

3. Research a major psychological disorder. Explain the disorder and its current recommended treatments. (To narrow this topic you may want to look at specific subtopics of a disorder such as particular populations or treatments.)
4. Research sleep and current theories on dreaming. Historical theories can also be included.
5. Examine the current research on sex differences in the brain.
6. What is the current research on the brain's ability to repair itself after injury?
7. What are the effects of psychological medications on the brain?
8. Examine the current research on perceptual differences in individuals who have a hearing or vision deficit.
9. How effective is hypnosis at stopping addictions?
10. Research the different ways that behavior modification is being utilized to treat disorders in children.
11. What does research indicate about the correlation between scores on intelligence tests and success?
12. Discuss psychological treatments and research on the effectiveness of these treatments.
13. Read the 12/13 book of the year Outliers by Malcolm Gladwell. Investigate the question of nature vs. nurture in regards to intelligence and/or success. Include this research in your discussion of the book.
14. Read a biography – for instance Dreams of my Father by Barrack Obama and discuss how the main subject in the book is expressing Erik Erikson's stages of development. Include Erikson's work in your references.
15. Read the previous CR book of the year One Flew over the Cuckoo's Nest and watch the movie of the same title. Compare differences between the movie and book. Discuss the way the mental health system is reflected in these works. Compare the mental health system at that time compared to currently.
16. Read the previous book of the year The Help. Investigate current research available on racial discrimination and social roles. Include this research in your discussion of the characters in this book.
17. Read the past book of the year Between the World and Me, by Ta-Nehisi Coates. Investigate current research on prejudice and discrimination along with your discussion of the themes and main points of this book.

- Make sure you fully cover the topic in an academic manner.
- The research should be current and verifiable by author and or organization. Utilize the research tools available through the library for your research **not** Google/open web searching. We will be spending time with the librarian discussing the databases available through the CR library.
- The paper needs to be written in APA format, 4-6 pages, double-spaced. You can access a handout on APA formatting on the CR library homepage. OWL at Purdue is also a good on-line source for help with formatting.
- If you are nervous about paper writing consider utilizing tutoring services provided by English faculty. Please come and chat with me regarding any questions you have about this assignment. We will discuss formatting in class.

- At least 3 academic sources need to be utilized including research articles and/or books.
- This project including the outline and paper is worth 180 points.

Papers will be graded on:

Content- 45 points

- The paper needs to adequately explain the topic and the research that was utilized in the discussion. Student needs to be able to analyze the research read and synthesize the research in the writing of the paper.

Documentation of sources – 20 points

- In text citations must be utilized according to APA format. A reference page also needs to be included fully citing the verifiable sources.

Utilization of APA format- 20 points

- APA format needs to be utilized in the set up of the paper including a title page, utilization of a running head, in text citations by author/s and date, 12 font, double spaced.

Spelling and Grammar – 15 points

- One point will be deducted for each spelling and grammar mistake. Please edit carefully.

Credibility of sources –25 points

- Sources of information utilized for this paper must be academic; found through library databases. Sources should be verifiable and documented by an author and/or organization. Peer reviewed sources will be helpful for you to use in your research.

Organization of information- 25 points

- The paper needs to be well organized in regard to paragraph structure, sentence structure and overall organization of paper topic.

Class Participation (150 points):

In order for you to learn the material, it is important that you interact with it, by taking part in discussions and listening to the material being presented. I encourage you to ask questions and offer opinions on the subject matter. It is therefore, also important that you be present at every class meeting. If you are not present at a class, please make every effort to get notes from another student, or review the power points on Canvas.

The topics discussed in class will stimulate class discussions. I encourage you to be cautious when making self-disclosures to the class. Furthermore, I expect everyone in the class to be respectful of other individuals and to follow the student code of conduct. Failure to comply with the code of conduct will result in a request to leave the class. The complete student code of conduct can be found on the college of the redwoods home page.

Attendance:

Please be aware that if you decide to not continue with the class you should drop the class and let me know about your decision. An Administrative procedure, (AP) 5075, allows instructors to withdraw students from class for non-participation through the 10th week of class. Non-participation includes missing 3 classes in a row and not taking tests, exams or turning in assignments. If you need to miss class due to illness or emergency please let me know what is occurring. Census date is **1/30/23**, where I will be dropping students that have not been participating in class. On **3/3/23** I will again be dropping students that are not participating. The end of the 10th week is **4/31/23, which is the last day to drop with a W**. Please keep me informed of anything that is interfering with your participation/attendance in this class.

Communication:

The best way to contact this instructor is through email. You can utilize the communication section of Canvas or email me at my redwoods account. I will attempt to get back to you within 24 hours.

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College

of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the [Redwoods Public Safety Page](#).

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

Eureka Campus Emergency Procedures

Please review the [campus emergency map](#) for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the [CR Police Department-Public Safety](#) It is the responsibility of College of the Redwoods to protect life and property from the effects of emergencies within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.

5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
6. If safe to do so, notify key administrators, departments, and personnel.
7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.

Note:

I will make every effort to follow the standards and schedule of this syllabus. There may be times when changes are necessary and I will inform the class if this occurs. I plan to return your work to you in a timely manner. Normally work will be returned within a week of submission. At the end of the semester I normally take longer than a week to return research papers, your papers will be returned by the end of the semester. I utilize the gradebook on Canvas, so please use this to keep track of your grades and communicate with me if you see any discrepancies.